



# Nutrition & Exercise Physiology

## Seminar Series Fall 2020 Schedule



Date	Speaker	Lecture Title
Aug 27	<b>Anandhi Upendran, PhD</b> University of Missouri	<i>Turning your lab discovery into product</i>
Sept 3	<b>Nikki Ford, PhD</b> Hass Avocado Board	<i>The Avocado Nutrition Center – Research within a quasi-federal organization</i>
Sept 10	<b>Stu Phillips, PhD</b> McMaster University, Ontario	<i>Factors that promote skeletal muscle hypertrophy: Old ideas, new paradigms</i>
Sept 17	<b>Mary Moore</b> University of Missouri	<i>The impact of nutritional ketosis on hepatic outcomes</i>
Sept 24	<b>Lauro Vianna, PhD</b> University of Brasilia	<i>Exercise pressor reflex: A journey to the brain and beyond</i>
Oct 1	<b>Elizabeth Parks, PhD</b> University of Missouri	<i>Fatty liver treatments: The science of how we got to where we are</i>
Oct 8	<b>Jim Perfield, PhD</b> Eli Lilly <b>Rachelle Reed, PhD</b> Orange Theory Fitness	<i>Transitioning from academia to industry: Round table discussion</i>
Oct 15	<b>Ryan Pettit-Mee</b> University of Missouri	<i>Leg fidgeting during prolonged sitting improves postprandial glycemic control in overweight and obese individuals</i>
Oct 22	<b>Paul Titchenell, PhD</b> University of Pennsylvania	<i>Regulation of hepatic lipid metabolism by mTorc1 signaling</i>
Oct 29	<b>David Dunstan, PhD</b> Baker Heart and Diabetes Institute	<i>Sedentary behavior and public health: Integrating the evidence &amp; identifying potential solutions</i>
Nov 5	<b>Health Sciences Research Day</b>	<i>No Seminar</i>
Nov 12	<b>Barbara Stefanska, PhD, MPH</b> University of British Columbia	<i>TBA</i>
Nov 19	<b>Rebecca Dirkes</b> University of Missouri	<i>Hormonal regulation of bone health: Novel understandings of xenoestrogens and estrogen receptor-alpha</i>
Dec 3	<b>Shawn Bender, PhD</b> University of Missouri	<i>TBA</i>

Seminars are held on Thursdays from 4:00 – 5:00 PM. Due to social distancing guidelines, in-person seminars will be closed to the general public. Seminars will be available to everyone via Zoom. Links will be distributed prior to each seminar. For more information, contact Ben Sauro, Nutrition and Exercise Physiology, (573) 882-4288 or saurob@Missouri.edu